



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Mental Health
First Aid Canada



CERTIFICATE OF PARTICIPATION



This is to certify that

Julia King

has completed
Mental Health First Aid
Standard (Blended) (9–hour)

Participants learn skills for providing initial help to individuals experiencing a decline in their mental well-being or a mental health or substance use crisis.

Micheal Pietrus
Director, Mental Health First Aid

September 14, 2022
Certificate Number: 289489